



Carbo Digest*

A digestive enzyme supplement designed to help reduce the symptoms of occasional bloating, diarrhea, gas, and abdominal cramps associated with diets high in complex carbohydrates.*

Avoidance of wheat products may not be enough to maintain a gluten-free diet. For example, did you know that gluten is used as a food additive and may be present as a stabilizing agent in salad dressings, ice cream, and even ketchup? This unique formula was created to complement those seeking a gluten-free lifestyle by encouraging more complete digestion and absorption of grains.*

- **Polysaccharolytic Enzymes.** Gluten proteins in wheat products are surrounded by a starchy endosperm cell, which can more effectively be broken down with the alpha-galactosidase, phytase, amylase, glucoamylase, and diastase enzymes included in this formula.*
- **Proteolytic Enzymes.** In addition to a protease blend, this formulation includes DPP-IV which helps break down some of the stubborn peptides found in grain that are often implicated in gluten intolerance.*
- **Probiotics.** These “good” bacteria naturally present in the gut help support digestion to assist in maintaining optimum intestinal balance.*
- **Herbal and prebiotic plant fibers.** Includes several herbs known for their ability to promote gastrointestinal health.*

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving	% Daily Value
Tzyme™ Enzyme Blend	373 mg
Protease Blend (endo/exo proteases) (47,104 HUT / 500 DPP-IV)	205 mg †
Phytase	90 FTU †
Amylase	3,495 DU †
Alpha-galactosidase	525 GalU †
Glucoamylase	12 AGU †
Pectinase	30 endo-PGU †
Lipase	340 FIP †
Lactase	140 ALU †
Protease 3.0	2 SAPU †
Cellulase	60 CU †
Hemicellulase	60 HCU †
Invertase	14 SU †
Diastase	42 DP° †
Herbal Blend	63 mg †
Fennel (seed), Ginger (rhizome), Flax seed, Peppermint (leaf), Artichoke (leaves) extract	
Bifidobacterium infantis (250 million cfu)	6 mg †

† Daily Value not established

OTHER INGREDIENTS: HYPROMELLOSE, WATER

Recommended Usage: Take one (1) capsule at the beginning of every meal or snack with at least 8 oz. of liquid or as directed by a health care practitioner.

Available in bottles of 90 capsules.

Manufactured for
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